



## Whole Grain Chocolate Chip Cookie Dough 1.85oz

INGREDIENTS: whole wheat flour blend (whole wheat flour, enriched wheat flour [wheat, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid]), sugar, brown sugar, margarine (vegetable oil blend [palm fruit oil, soybean & olive oils] water, salt, mono and diglycerides, natural flavor, vitamin A palmitate, beta carotene color), chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla), eggs, corn syrup, prune paste, water, molasses, dextrose, whey, baking soda, salt, natural vanilla flavor, baking powder (sodium acid pyrophosphate, corn starch, baking soda, monocalcium phosphate).

CONTAINS: EGG, MILK, SOY, WHEAT

### Nutrition Facts

210 Servings Per Container

**Serving size 1.85oz (52g)**

Amount per serving

**Calories 190**

% Daily Value\*

**Total Fat** 6g 8%

Saturated Fat 2g 10%

Trans Fat 0g

**Cholesterol** 15mg 5%

**Sodium** 160mg 7%

**Total Carbohydrate** 33g 12%

Dietary Fiber 2g 7%

Total Sugars 16g

Includes 15g Added Sugars 30%

**Protein** 3g

Vitamin D 0mcg 0%

Calcium 18mg 2%

Iron 1mg 6%

Potassium 99mg 2%

\*The % Daily Value tells you how much a nutrient in a

serving of food contributes to a daily diet. 2,000 calories a

day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

- More than 51% of flour is whole grain
- No hydrogenated fats
- No more than 30% of calories from fat
- No more than 10% of calories from saturated fat
- No more than 30% added sugar by weight
- 1 cookie = 1 grains/bread serving (contribution to meal pattern)
- 1 cookie contains 18.2g grain, 9.3g of which are whole grain